

New Horizons

Implementing the recommendations
from the national strategy
'a shared vision for mental health'

Thursday 8 July 2010 Manchester Conference Centre, Manchester



Topics include:

- New Horizons 'a shared vision for mental health': moving forward
- Developing a systematic evidence based preventative approach to improve well-being and mental health
- How do services respond to the needs of service users and carers in delivering New Horizons?
- Ensuring a holistic approach: reducing stigma and social exclusion
- Early recognition and intervention in primary care Case study: early recognition and identification of people with depression
- Achieving inclusion through employment
- How can New Horizons encourage and enhance the development of personalised support in mental health?
- Commissioning for mental health and promoting well being

Chair and keynote speakers:

Ian McPherson *Director* National Mental Health Development Unit (NMHDU)

Dr Andrew McCulloch *Chief Executive* Mental Health Foundation

Jeremy Clarke *Chair* New Savoy Partnership

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New Horizons

“Whether we look at families, communities or nations, our well-being and mental resilience is critical to a host of social and economic benefits – our physical health, our relationships, our education, our work and our productivity. Pernicious social and health inequalities are both a result and a cause of poor mental health – which means the most deprived communities also have the poorest health and well-being. Understanding how to break this vicious circle is essential to developing a more equal society.”

Foreword by Phil Hope Former MP Minister of state for Care Services, Confident Communities, Brighter Futures.
A framework for developing well-being.

Released by the Department of Health on 7 December 2009; **New Horizons: a shared vision for mental health** is a cross-government mental health strategy that replaces the 10-year National Service Framework (NSF). New Horizons recognises the need to promote good mental health and well-being, whilst improving services for people who have mental health problems. It highlights the importance of outcome measures and sets a vision for the transformation of mental health care and service delivery.

Through a series of presentations this second national one day conference chaired by **Ian McPherson** *Director* National Mental Health Development Unit (NMHDU) will focus on implementing the recommendations from the national strategy 'a shared vision for mental health' – key priorities for implementation important steps in recognising the need to address the mental well-being of the whole population: recommendations from Confident Communities, Brighter Futures, improving quality and accessibility of services and New Horizons 'a shared vision for mental health': responses to the consultation.

“Over the last ten years, the National Service Framework (NSF) has helped transform mental health care. It has helped more people to get the right treatment at home rather than hospital and to reduce the number of suicides... The challenge of New Horizons is to build on these achievements and to keep up the ambition and momentum...”

Foreword by Professor Louis Appleby CBE,
New Horizons: Towards a shared vision for mental health Report on responses to the consultation.

The day will offer an opportunity to hear from a broad range of speakers who will share their knowledge and experience on key themes of New Horizons including a session on how services respond to the needs of service users and carers, in particular, the service user perspective and what New Horizons means for service users?

The conference will conclude with a presentation from **Gregor Henderson** *Programme Lead, Well-being and Population Mental Health* National Mental Health Development Unit (NMHDU) who will focus on Commissioning for mental health and developing a programme that ensures recognition, access the interventions to improve mental health and well being.

Chairman: Ian McPherson *Director* National Mental Health Development Unit (NMHDU)

10.00 Chairman's introduction

10.10 OPENING ADDRESS: New Horizons 'a shared vision for mental health': moving forward

Ian McPherson

Director

National Mental Health Development Unit (NMHDU)

- ▶ key priorities for implementation
- ▶ important steps in recognising the need to address the mental well-being of the whole population: recommendations from Confident Communities, Brighter Futures
- ▶ improving quality and accessibility of services
- ▶ New Horizons 'a shared vision for mental health': responses to the consultation

10.40 Developing a systematic evidence based preventative approach to improve well-being and mental health

"One of the key themes of New Horizons is prevention of mental ill health and promoting mental health"

Dr Andrew McCulloch

Chief Executive

Mental Health Foundation

- ▶ developing a systematic evidence based preventative approach to improve well-being and mental health
- ▶ identifying the differences between well-being and mental health
- ▶ our approach at the Mental Health Foundation since the release of New Horizons

11.10 Questions and answers, followed by coffee and exhibition at 11.20

11.50 How do services respond to the needs of service users and carers in delivering New Horizons?

Leroy Simpson

Service User

- ▶ the service user perspective
- ▶ what does New Horizons mean for service users?
- ▶ increasing involvement and empowerment for service users

12.20 Ensuring a holistic approach: reducing stigma and social exclusion

"One of the key themes of New Horizons is tackling stigma"

Patrick Vernon

Chief Executive

The Afiya Trust

- ▶ providing holistic support and improving opportunities
- ▶ creating social value, individualism and innovation
- ▶ promoting social inclusion and tackling stigma and discrimination

12.50 Questions and answers, followed by lunch and exhibition at 13.00

14.00 Early recognition and intervention in primary care Case study: early recognition and identification of people with depression

"One of the key aims of New Horizons is to encourage more people to recognise depression and seek the support necessary to make full recovery"

Jeremy Clarke

Chair

New Savoy Partnership

- ▶ key issues in identifying depression in primary care
- ▶ key elements of patient-centered care for depression – the new psychological therapies
- ▶ key challenges the IAPT programme and NICE guidelines for people with depression
- ▶ achieving the key aims of New Horizons when commissioners are under increased pressure

14.30 Achieving inclusion through employment

Professor Geoff Shepherd

Senior Policy Adviser

Sainsbury Centre for Mental Health

- ▶ why be interested in employment? the views of service users
- ▶ the current policy context
- ▶ 'evidence-based' supported employment – the 'Individual Placement and Support' (IPS) model
- ▶ effectiveness and costs
- ▶ implementation – the 'Centres of Excellence' programme

15.00 Questions and answers, followed by tea and exhibition at 15.10

15.30 How can New Horizons encourage and enhance the development of personalised support in mental health?

"One of the key themes of New Horizons is personalised care, ensuring all individuals will have access to care and services"

Terry Dafter

Director of Adult Social Care

Stockport Council and Member

Association of Directors of Adult Social Services (ADASS)

- ▶ encouraging and enhancing the development of personalised support in mental health
- ▶ partnerships and co-production as central to the quality and inclusiveness of services
- ▶ improving access to a wider range of services, involving service users and integrating systems for health and social care
- ▶ identifying a model of personalisation for improving involvement

16.00 Commissioning for mental health and promoting well being

Gregor Henderson

Programme Lead, Well-being and Population Mental Health

National Mental Health Development Unit (NMHDU)

- ▶ linking New Horizons to commissioning for mental health and promoting well being
- ▶ developing a programme that ensures recognition, access and interventions to improve mental health and well being
- ▶ building and transferring knowledge, experience and skills among commissioners to identify and measure well being

16.30 Questions and answers, followed by close

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Venue

Manchester Conference Centre, UMIST, Weston Building, Sackville Street, Manchester, M1 3BB. A map of the venue will be sent with confirmation of your booking.

Date

Thursday 8 July 2010.

Conference fee

- £365 + VAT (£428.88) for NHS, social care, private healthcare organisations and universities.
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